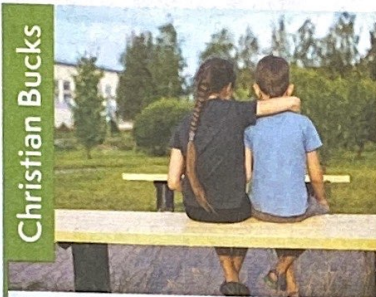


Acting Boldly to Keep People Safe

Christian Bucks



When Christian was seven, he learned about buddy benches. He knew that some children at his school were lonely at recess, and he wanted to find a way to help. Christian asked his school principal if they could put a buddy bench on the school playground. The principal said yes. When a child sits on a buddy bench, it is a way of letting other children and adults know that they are looking for a friend to play with. When children on the playground see someone on the bench, they can invite the person to play and make a new friend.

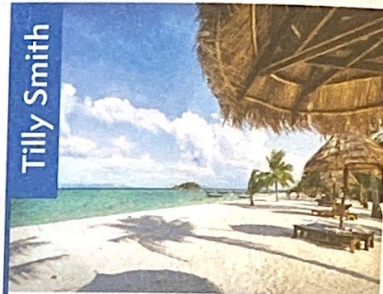
Zna Gresham



When Zna Gresham's apartment building caught fire, she ran outside to safety. She looked up and noticed a woman was trapped on the second floor with her children. The fire was spreading quickly, and the woman didn't know what to do. Zna saw that the woman needed help, so she ran over and stood beneath the window. The mother dropped her baby to Zna. She caught the baby and held on tight! Zna's quick thinking and bravery kept the baby from getting hurt. The firefighters soon arrived and helped the mother and her other children to safety.

People who are bold act with confidence and courage. The Hebrew midwives, Moses' mother, Moses' sister, and Pharaoh's daughter acted boldly to help others. The stories below tell about three young people who acted boldly to help others and keep people safe.

Tilly Smith



Tilly Smith was vacationing with her family on the beaches of Thailand. As she walked along the shore, she noticed that the water on the beach was strangely low—much lower than it had been before. She remembered learning in school that when ocean water pulls back from a beach, it can mean a huge wave of water called a tsunami is coming. Tilly quickly told her parents, and they were able to warn other people on the beach. Everyone was able to run to safety before a giant tsunami crashed onto shore.



Spotlight On: Midwives

The word *midwife* came from Old English words that meant "with-woman." Someone who is with a woman when she gives birth is called a midwife. In the time of Moses, women gave birth at home. When it was time for a baby to be born, several midwives were there to help. Midwives sometimes gave the mother medicines made from herbs or spices. After the baby was born, midwives washed the baby and wrapped it in a blanket.

Today midwives still help mothers deliver their babies, whether they give birth at home, in a birthing center, or in a hospital. A midwife meets with a woman while she is pregnant to make sure the mother is healthy and the baby is growing. She is with the mother when the baby is born and creates a welcoming environment for the new baby.